



# SUNKEN TRAMPOLINES



Sunken Trampolines  
are the leading suppliers  
and installers in both residential  
and commercial markets across the UK.



# Sunken Trampolines

Having installed hundreds of Sunken Trampolines across the country, we are experts in all types of in ground installation, from a 6 foot round residential to an Olympic training trampoline, from playground trampolines to large Rebound Therapy rooms.



We have developed and refined our installations, and take pride in delivering the highest quality product and service guaranteed to last you for many years to come. Our experienced and efficient team will ensure that your Sunken Trampoline is perfect for your needs and wishes.



Sunken Trampolines are the only company in the UK to offer a full and complete service from initial consultation to the ongoing maintenance of your trampoline once installed.



*"Sunken Trampolines were professional throughout, they made things so easy for us and hassle free. The job was completed quickly and we are absolutely chuffed to bits with it."*  
**Sean Derry, Bromley.**



# Residential Trampolines

A Sunken Trampoline is an excellent way of getting all the family exercising. At Sunken Trampolines we care about the look and feel of your garden, so each and every one of our installations is carefully planned and bespoke to your needs.

Years of extensive experience working with trampoline manufacturers across the market mean we take time to understand your requirements. A free consultation to advise on size, shape, manufacturer and location of your Sunken Trampoline is an important part of what we do and can be easily arranged. Our experienced, friendly, and professional teams work across the whole of the UK.







There are a range of surrounds and safety surfaces to choose from depending on your budget and preferences - from grass to decking, rubber crumb to artificial grass. We will guide you safely through the whole selection process. You may also choose to add a lid to your Sunken Trampoline, meaning you can reclaim your garden when the trampoline is not in use.

Sunken Trampolines have a proven track record of installations across the UK. We conduct all our work to the highest standards, complying where applicable to BS/EN health and safety standards. All works are guaranteed and ongoing maintenance and servicing are also available.



*"We all love the trampoline; I feel safe when the children are outside jumping on it as they can't fall off, and what great exercise for them! I can 100% recommend Sunken Trampolines, not just because they did a wonderful job, but also what great guys they are."*

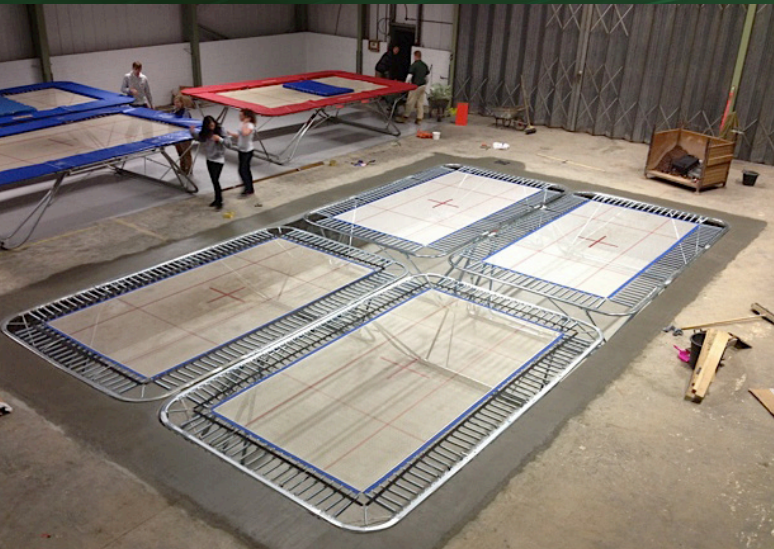
**Justine, Wandsworth, London.**



# Trampolines for Schools and Playgrounds

For many years trampolines have been manufactured and targeted towards the residential market, with schools accepting that these were the only models available. Recently there have been many developments and there are now trampolines being made to suit schools, playgrounds and unsupervised communal areas which are robust, need little ongoing maintenance and adhere to BS EN standards.

Sunken trampolines are experts in the installation of these specially constructed trampolines, and have witnessed firsthand that schools across the country are now opting for these fantastic new products.







We install these trampolines to both BS EN 1176 and 1177 standards, providing schools with an addition to their outdoor space which can both entertain and be safe.

Each installation is carefully planned and designed, various options are available for bespoke safety surfacing and padding which can be personalised for your school or institution.

All works are guaranteed with followup maintenance and servicing available.

*"On Behalf of the community of Old Heath, can I thank you for all the support, advice and time that you gave us to make our dream become a reality. Todays opening was a huge success."*

**Jeremy Hallum, Headmaster, Old Heath Community Primary, Colchester.**



# Trampoline Lids

For many families the reason behind wanting a Sunken Trampoline is a lack of space. For some it is essential to be able to reclaim the garden when the Sunken Trampoline is not in use, and what better way to do so than with a lid.

Strong enough to hold adults on a summers evening drinks party, robust enough to play sports on, yet designed to be light enough to lift and close easily, each lid is tailored to fit in with the garden and its design, and can be covered with artificial grass or even decking to suit the aesthetics of your outdoor space.

For most schools and special needs establishments, space is often at a premium. Whether it be an indoor or outdoor space, it is important to utilise every inch to its potential. For this reason, Sunken Trampolines have designed and installed lid covered trampolines for a number of clients. These have been developed to be strong enough for multiple people to use the space when it is closed, yet light enough for any adult to lift them.





Each lid is tailored to the space being utilised. They are designed so that they neatly fold and rest next to the trampoline, and with padding designed and manufactured specifically for this use, are a safe and convenient way of having a value added trampoline without detracting from the space it is in.

With the recent addition to the market of the "Playground trampoline", Sunken Trampolines have designed and now retail simple aluminium lids to fit the Huck and Eurotramp models. Light enough to lift individually and easy to store, these lids enable schools to protect the trampoline when not in use.

*"The lid you made is great, light enough for my wife to be able to lift if I am not there, and strong enough to play football on. Awesome!"*

**Gareth, London.**





# Rebound Therapy

Rebound Therapy is an exercise therapy being used by schools across the world which uses trampolines to provide opportunities for movement, therapeutic exercise, and recreation for people across the whole spectrum of special needs.

Rebound Therapy is used to facilitate movement, to promote balance, to increase or decrease muscle tone, and to aid relaxation and sensory integration. It is also used to improve fitness and exercise tolerance and to improve communication skills.

It is already popular in special needs schools, and is becoming increasingly popular in mainstream schools with a special needs unit; partly because the trampoline is a piece of apparatus that virtually all people, regardless of their abilities, can access, benefit from and enjoy.





Sunken Trampolines work with OT's, schools and care institutions to provide them with a safer and more amenable asset to their play areas which helps by facilitating the addition of Rebound Therapy to their portfolio of treatments and therapies.

Optional additions to the Sunken Trampoline include the installation of mobile hoist sockets, and we are proud to work with Dolphin hoists to provide an ideal and convenient way of managing the use of the trampoline for all users.

Above ground trampolines can provide a platform for this form of therapy - however safety issues and ease of use are often prohibitive and discourage many schools and facilities from implementing this highly beneficial means of exercise.

*"As a SEN school, we incorporate Rebound Therapy into our curriculum as a tool to enhance children's learning from a physical viewpoint, but also in terms of their communication skills. The children are hugely motivated to spend time on the trampoline, and the fact that the trampoline is sunken means that all children can safely access it without the associated risks of a standard setup."*

**Stephen Kilgour, Cherry Garden School, Bermondsey.**





# Rebound Rooms

As well as installing Rebound Therapy trampolines in playgrounds and school halls, Sunken Trampolines are pleased to offer a complete design and build service for dedicated Rebound Rooms.

Individually designed bespoke padding is also available, we can also offer a total solution that is tailor made for each client.



Working closely with [ReboundTherapy.org](http://ReboundTherapy.org) and the very individual needs of each school to ensure a consistency of approach in our work, we can enable schools and residential care units to benefit from a dedicated Rebound Room. This allows schools to access a great resource without the need for lifting lids, opening and closing trampolines, laying out padding, and all the preparation that normally comes with trampoline use.





*"Their work was to an exemplary standard and I would have no hesitation in recommending Sunken Trampolines."*

**Graham Williams, Waverley School, Enfield.**

From initial consultation to official opening, Sunken Trampolines are able to offer both an advisory and full installation service depending on the needs of the school or council. Whether you need a consultancy service, or a full design and build, we are perfectly placed to accommodate all your needs.











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# Contact

Joel Paul **07801 573278**

Angus Macwatt **07765 256537**

**[sales@sunkentrampolines.co.uk](mailto:sales@sunkentrampolines.co.uk)**

**[www.sunkentrampolines.co.uk](http://www.sunkentrampolines.co.uk)**